

STUDY COURSE MATERIAL

EVS

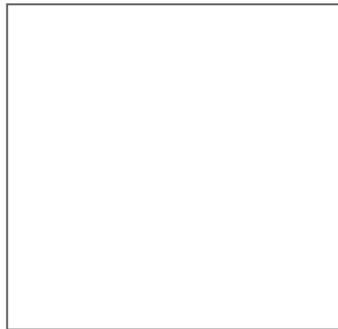
SESSION-2020-21

CLASS-II

TOPIC: More About Myself

DAY-1

❖ TEACHING MATERIAL



Paste your photograph here and write some lines about yourself.

- My name is _____.
- I am a boy.
- I am _____ years old.
- I am a student at Bishop Scott Boys' School.
- I study in class II.
- There are _____ members in my family.
- My father's name is _____.
- My mother's name is _____.
- My birthday is on _____.
- I live in Patna.

❖ VIDEO-LINKS

LINK-1

<https://youtu.be/kUhGd2wXfsM>

ACTIVITY

- Make a photo frame by the help of your parents and paste your childhood photograph in it.



DAY-2

❖ TEACING MATERIAL

Topic- HOBBIES

IMPORTANT POINTS:-

1. Definition of hobbies = Hobbies are activities that we like to do in our free time.
2. Importance of hobbies= Hobbies make us happy and help us to relax. It keeps us occupied in our free time.
3. Some common hobbies= There are some common hobbies that everybody likes to do. For example:- Painting, Cycling, Listening to music, Paper crafting etc.

❖ VIDEO-LINKS

<https://youtu.be/1FLRGat2Z6I>

DAY-3

Fill in the missing letters to complete the name of hobbies.

1. P A Y N
2. H O S R D N
3. D N I N
4. C Y L N
5. R A D G

Answer these questions:-

1. What do you understand by the term 'hobby'?

Ans:- Hobby helps us to relax and recreate our free time. It helps us to get rid of our bad habits. There are many types of hobbies such as dancing, reading, writing, cooking & singing.

2. Can a hobby become a career?

Ans:- Yes, sometimes a hobby becomes a career like Mrs. Sharma's hobby has always been to bake cakes and cookies so she has started running a bakery and earns money too.

Activity

Collect pictures of various types of hobbies and paste them in a white chart paper and also label the pictures.

DAY-4

Ch- 2 Our Body

Teaching notes :

Definitions:-

a. Internal Organs – Organs that we cannot see from outside and they work internally are known as internal organs. They are :- Brain, Lungs, Kidneys, Heart, Stomach etc.

- Brain- The brain is present inside our head.It sends and receives messages from different parts of our body.It also helps us to think.
- Heart- The heart pumps the blood, oxygen to every part of the body.
- Stomach- The stomach stores the food that we eat.It helps in breaking the food.

b. External Organs- The organs present outside the body and perform various functions are called external organs. They are:- Eyes, Skin, Nose, Legs, Hands etc.

c. Sense Organs- Sense organs are the body organs by which humans are able to see,smell,hear,taste,touch or feel.

There are five Sense Organs- 1. EYES. 2. EARS. 3. NOSE. 4. SKIN. 5. TONGUE

❖ VIDEO-LINKS

<https://youtu.be/rHYWOpTZV3k>

ACTIVITY

Getting Started!

Tick (✓) the correct box based on whether you can see the body part from outside or not.

1. nose	can see <input type="checkbox"/>	/	cannot see <input type="checkbox"/>
2. eyes	can see <input type="checkbox"/>	/	cannot see <input type="checkbox"/>
3. heart	can see <input type="checkbox"/>	/	cannot see <input type="checkbox"/>
4. ear	can see <input type="checkbox"/>	/	cannot see <input type="checkbox"/>
5. brain	can see <input type="checkbox"/>	/	cannot see <input type="checkbox"/>

DAY-5

Fill in the blanks:

1. We see with our _____.
2. We hear with our _____.
3. We feel with our _____.
4. We smell with our _____.
5. We taste with our _____.

Answer these questions:

Q 1. How do our lungs help us?

Ans- Lungs help us in breathing. When we breathe in, the lungs take in air and when we breathe out, the lungs push out air.

Q 2. Which organ sends and receives messages from different parts of our body?

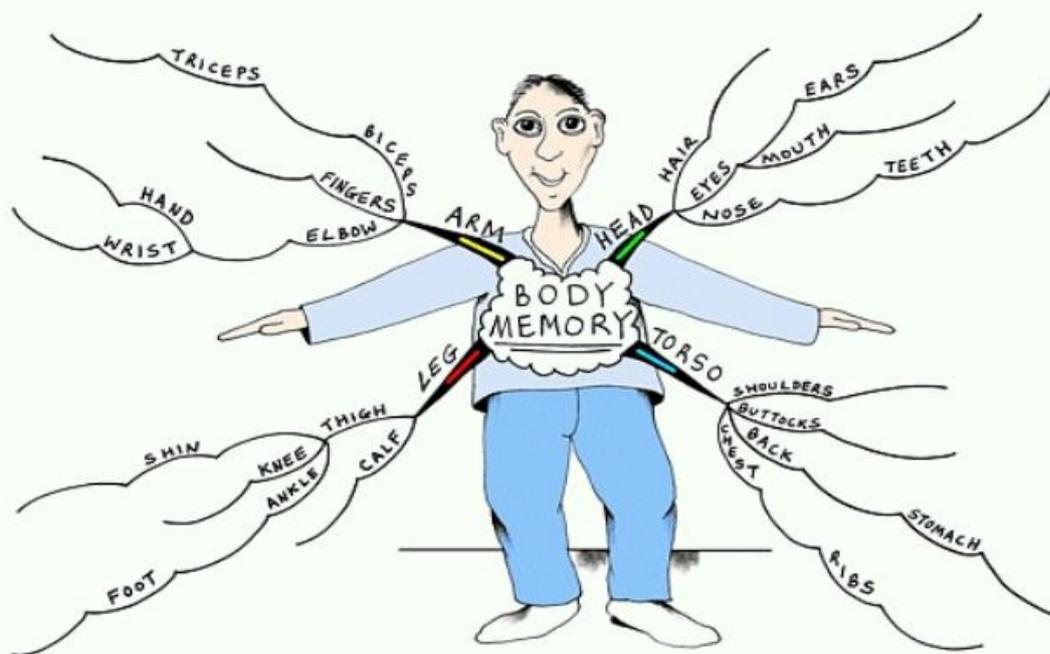
Ans- The brain sends and receives messages from different parts of our body.

❖ VIDEO-LINKS

<https://youtu.be/TIPZLoqkstE>

ACTIVITY:-

Find out three internal and external organs and paste their pictures in a scrap book and also label it



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