

Study course material

SUBJECT- EVS

SESSION-2020-21

CLASS III

TOPIC: Games We Play

DAY-1

Playing games is an important part of our lives. We cannot work and study all the time. An activity that we do for enjoyment when we need to relax in our spare time is called recreation. There are many ways of recreation some of these are watching television, listening to music and playing games.



Weblink

<https://youtu.be/MWbWII0VvFU>

Activity

Draw or paste some pictures related to recreational activities.

Short note:-

- Recreation- The activities that we do in our spare time is called recreation.

Question/ Answer:-

- Why should we play games ?

Ans:- We should play games because it helps us to stay fit and healthy. It also helps us to develop cooperation and team spirit.

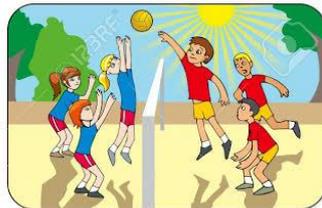
DAY-2

Indoor games

We go out to play with our friends such as cricket, football, hockey etc. Games that we play outside the house are called outdoor games.

Outdoor games

We play some games inside the house. These games are called indoor games. Eg- ludo, chess, carom, snake and ladder etc.



Weblink

<https://www.youtube.com/watch?v=L2kyOBAliuU&feature=youtu.be>

<https://www.youtube.com/watch?v=9mpu3N5FPEg&feature=youtu.be>

Short notes:-

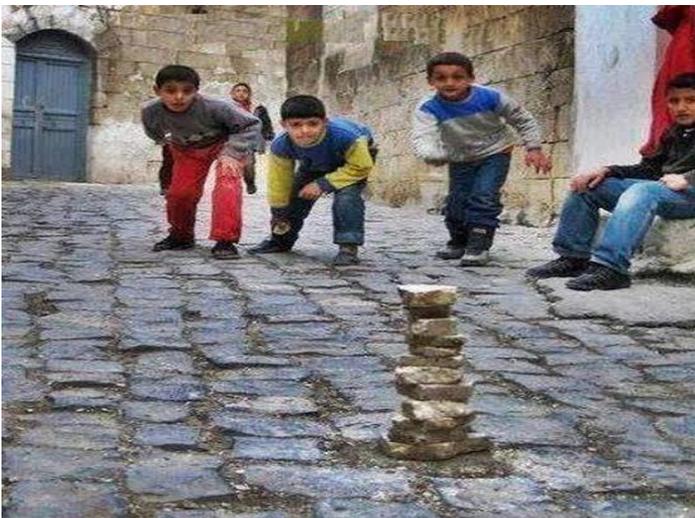
- Indoor games- Games that are played inside the house is called indoor games. Eg ludo, chess etc.

- Outdoor games- Games that are played outside the house is called outdoor games. Eg- cricket, football etc.

DAY-3

Games then

When our parents and grandparents were kids that time television and internet connection was not their. They used to play different types of games. Some popular games are kanchas, katti, pitthu, kabaddi and gulli danda etc.



Web link

<https://youtu.be/lwIQsQsd49M>

Activity

Draw or paste picture of games that are played earlier.

Question/Answer

- What games were played in past ?

Ans: The games that were played in the past are kanchas, lattu,

kabbadi, kho-kho and gulli danda.

- Why games are like lattu (top), kanchas (marbels) and gulli-danda not so common these days?

Ans: The games like lattu, kanchas and gulli dandas are not so common these days because children play different games, they prefer to play computer games and board games like chess, monopoly etc.

DAY-4

Games now

Now a days we play different games such as board games, computer games, sometimes we also play outdoor games. But most of the times we are involved in playing computer games which is harmful for our health.



Web links:-

<https://youtu.be/BmnOPUOIp6A>

<https://youtu.be/96kI8Mp1uOU>

Activities:-

Draw picture of games that are played now a days.

DAY-5

Playing is work

A sport is an occupation for some people. Some people started playing games at a very young age. They were so good in their sports that it became their occupation. They are known as professional players. They earn money by playing sports.



Web links :-

<https://youtu.be/i2yhyaNb4ac>

<https://youtu.be/xk3quAYIK9s>

Short note:-

- Professional players- Person whose occupation is to play sports for money are called professional players.

Think and answer

- Who are your favourite sports personalities? Name any 4
- Find out the names of two games which your grandparents used to play when they were young.

Mind maps:-

