

ONLINE STUDY MATERIAL-3

SUBJECT-E.V.S

SESSION-2020-21

CLASS-I

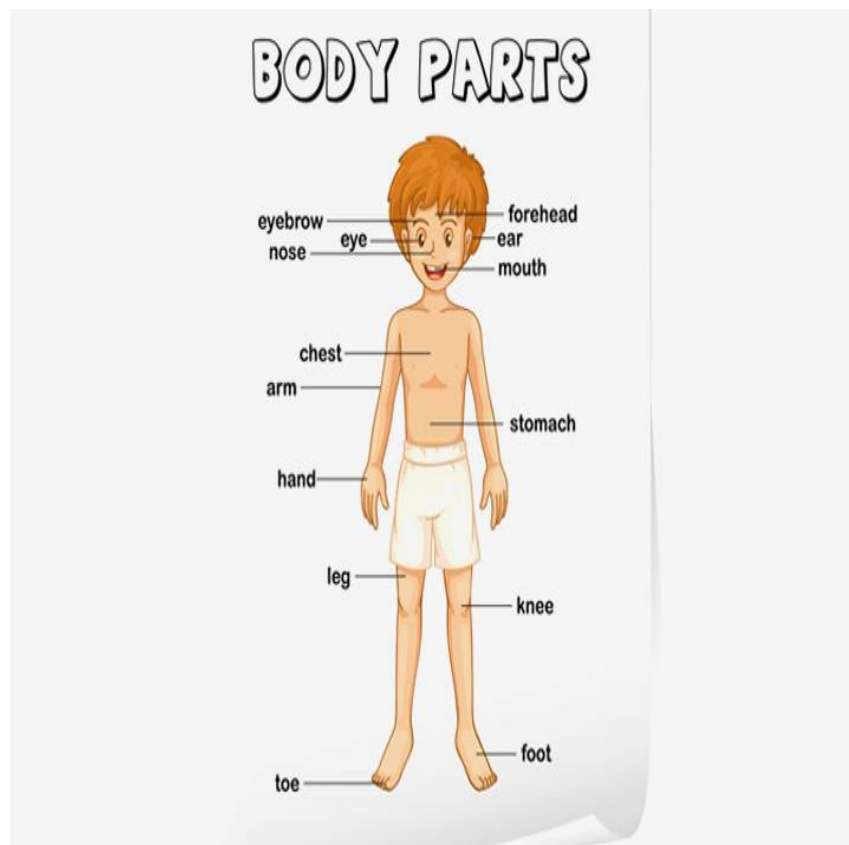
CHAPTER 4 **TOPIC: My Body**

DAY-1

❖ NOTES

Our body has many parts. The parts of our body work like a machine. Together perform all the functions of our body.

Different parts of



our body.

❖ VIDEO-LINKS

<https://youtu.be/SUt8q0EKbms>

❖ DOCUMENTS LINKS

Use the link to complete the work sheet.

<https://pin.it/4IgfWuQ>

Activity

A. Fill in the missing letters.

a. m _ u t _

b. l _ g

c. a _ m

d. c _ e s _

e. h _ i r

DAY-2

- **Important Points.**

HEAD.

- It is covered with hair.
- It has two parts---- the skull and the face.

FACE.

- My face has----
a forehead
two eyes
two ears
a nose
a mouth
a chin

MOUTH.

- My mouth has----
lips
teeth
tongue.

Document link.

<https://images.app.goo.gl/3fLfsV63mG43Utpb6>

Activity

A. Rearrange the jumbled letters to form a meaningful word.

a. y e e s - _____

b. p l s i - _____

c. c i n h - _____

d. s o e n - _____

e. a r s e - _____

DAY-3

Important Points.

- **NECK AND TRUNK**

The neck joins my head to the trunk.

Dinank helps me to move my head up, down and sideways.

The has many parts, like:-

the **shoulder**,

the **chest**, and

the **stomach**.

Activity

A. Write these words five times each.

Trunk	Shoulder	Chest	Stomach

DAY-4



Important Points

- **ARMS**

I have two arms.

I can bend my arm at the elbow.

Each arm have a wrist and a hand.

Each hand has four fingers and one thumb.

- My hands help me to eat, write, hold and lift things.

Document LINK

Use the link to complete worksheet.

<https://pin.it/2ZZmDQT>

Activity

A. Fill in the blanks.

1. The skull and face together forms the _____ (head/neck).
2. Our neck joins the head to the _____ (legs/trunk).
3. The wrist is a part of the _____ (leg/hand).
4. Our _____ (neck/face) helps us to turn our head.
5. We use the _____ (legs/hands) to eat our food.

DAY-5

- **LEGS**

I have two legs.

I can bend my leg at the knee.

Each leg has one foot.

Each foot has five toes.

I walk, run, jump and dance with my legs.

- **Note:**

Our arms and legs together are called limbs.

Document Link

Use the given link to complete worksheet.

<https://pin.it/9c0oHTT>

EXERCISE:

A. Tick the correct option.

1. The animal that has maximum number of legs.

- a. b. c. .

2. The animal that has the longest neck.

- a. b. c.

B. Write 'yes' or 'no'.

1. Our head is covered with hair. _____

2. We wear shoes on our hands. _____

3. We can bend our arms at the elbows. _____

4. Each food has four toes. _____

5. We can kick a ball with our hands. _____

C. Answer the following questions.

1. Name the body part having the skull and the face.

Ans. _____

2. How many fingers are there in a hand?

Ans. _____

3. Which part of our body helps us to write?

Ans. _____

4. Which part of our body helps us to walk?

Ans. _____

Document Link

- Test your skill use the link given below.

<https://pin.it/6rT0tYf>

Solutions:

Day 1. Activity A.

1. Mouth
2. Leg
3. Arm
4. Chest
5. Hair

Day 2. Activity A.

1. Eyes
2. Lips
3. Chin
4. Nose
5. Ears

Day 4. Activity A.

1. Head
2. Trunk
3. Hand
4. Neck
5. Hands

Day 5. Activity A.

1. b.
2. b

Activity B.

Activity C.

- 1. Yes.**
- 2. No.**
- 3. Yes.**
- 4. No.**
- 5. No**

- 1. Head**
- 2. Four**
- 3. Hand**
- 4. Leg**